

Key stage	Year group	Families and people who care for me	Caring friendships	Respectful relationships
KS1	YR R	What makes a family	Similarities and differences	Likes, dislikes and decisions
KS1	YR 1	What makes a family special	Falling out and making up	Celebrating differences
KS1	YR2	Families come in different shapes and sizes!	When to share a secret	I am special!
KS2	YR 3	How families care for one another	Falling out and making up	Stereotypes stink!
KS2	YR 4	Love and marriage	Peer pressure	Respecting different identities
KS2	YR 5	Young carers	Fun friendships	Stamp out stereotypes!
KS2	YR 6	Running away is never OK	FGM - the role of a friend in helping	Stamp out stereotypes!

Online relationships/ Internet safety and harms	Being safe	My body/Changing adolescent body	Mental wellbeing
Watching videos online	Why are 'private parts' private?	What are the parts of the human body?	Describing and managing feelings
Sharing pictures	Asking for help	What are the 'private parts' called?	Understanding feelings and behaviours
Online 'friends' aren't always nice!	My body belongs to me	Growing up	Bullying is wrong
Sharing secrets	My body, my right	Growing up and my amazing body	Happy to be me!
Play, Like, Share	Public or private? To touch or not to touch?	Puberty predictions	Emotional responses
Sharing information	Online conundrums!	Puberty and menstrual wellbeing	The emotional rollercoaster of puberty!
Media messages and me	When and how to get help	How a baby is conceived and born	Managing challenges and change

Physical health and fitness	Healthy Eating	Drugs, alcohol and tobacco
	Be sugar smart!	
Physical activity is fun!		
	Be food smart!	
Physical activity is fun!		Peer pressure pranks!
	Be food smart!	Resisting peer pressure
Doing a daily mile/ walk, bike, scoot to school		Informed choices
	Be a food detective!	The law

Health and prevention	Basic first aid
Handwashing and hygiene	What is first aid?
Keeping our teeth healthy	Stay safe
Bad bacteria! Protecting and preventing	Emergency action
Be a sun safe superstar!	What is first aid?
Keeping my body clean and healthy	Stay safe
The sleep factor	Emergency action
STIs and catching condoms!	Help save lives!